

**Recommended Reading List**

**Books for Children about Prevention**

Federico, J. *Some parts are not for sharing*. Mustang. OK: Tate Publishing and Enterprises, LLC, 2008.

Freeman, L., & C. Deach. *It’s my body: A book to teach young children how to resist uncomfortable touch*. Seattle, WA: Parenting Press, 1982.

Hammerseng, K. *Telling isn’t tattling*. Seattle, WA: Parenting Press, 1995.

Hindman, Jan. *A Very Touching Book…for little people and for big people,* Alexandria Associates, 1983.

Johnsen, K. *The trouble with secrets*. Seattle, WA: Parenting Press, 1986.

Kleven, Sandy, LCSW. *The Right Touch*. Bellevue, Washington: Illumination Arts, 2010.

Spelman, C. *Your body belongs to you*. Morton Grove, IL: Albert Whitman & Company, 2000.

Walyoord- Girard, Linda. *My Body Is Private* . Albert Whitman & Company, 1984.

**Books for Parents/Professionals about Prevention**

Abel, G. *The stop child molestation book: What ordinary people can do in their everyday lives to save 3 million children*. Philadelphia, PA: Xlibris Corporation, 2001.

DeBecker, Gavin. *Protecting The Gift: Keeping Children and Teenagers Safe (and Parents Sane)*. NY, NY: Dell Publishing 1999.

Hart-Ross, J. *Protect your child from sexual abuse: A parent’s guide*. Seattle, WA: Parenting Press, 1984.

Kraizer, S. *The safe child book: A commonsense approach to protecting children and teaching children to protect themselves*. New York: Simmon & Shuster, 1985.

Mahoney, Debbie & Romano, Branko. *Innocence Lost? Protecting Your Child from the Trauma of Abuse.*

Tschirhart-Sandford, L. *The silent children: A book for parents about the prevention of child sexual abuse*. New York: Anchor Books, 1980.

Wooden, Kenneth. *Child Lures: What Every Parent and Child Should Know About Preventing Sexual Abuse and Abduction* .

Wurtele, S.K., Ph.D. and F. Berkower M.S.W. *Off Limits: A Parent’s Guide to Keeping Kids Safe from Sexual Abuse*. Brandon, VT: Safer Society Press, 2010.

**Materials for Survivors of Sexual Abuse**

Adams, J. *The colors within: One rainbow reclaimed*. Philadelphia, PA: Xlibris Corporation, 2006.

Bailey Wright, L., & M. Loiselle. *Back on track: Boys dealing with sexual abuse*. Brandon, VT: The Safer Society Press, 1999.

Bass, Ellen & Thornton, Louise. *I Never Told Anyone: Writings by Women Survivors of Child Sexual Abuse.*

Blume, E. Sue. *Secret Survivors: Uncovering Incest and Its Aftereffects in Women.*

Kehoe, P. *Something happened and I’m scared to tell: A book for young victims of abuse*. Seattle, WA: Parenting Press, 1987.

Lewis-Herman, Judith. *Father-Daughter Incest.*

Satullo, Jane A.W, Russell, Roberta and Bradway, Pat.*It Happens To Boys Too,* 1987.

**Books on Healing and Recovery (children & adults)**

Adams, C. *Helping your child recover from sexual abuse*. Seattle, WA: University of Washington Press, 1992.

Bass Ellen & Davis Laura. *The Courage to Heal: A Guide for Women Survivors of Child Sexual Abuse*

Bonner, Barbara L., Ph.D. *Taking action: Support for families of adolescents with illegal sexual behavior*. Brandon, VT: Safer Society Press, 2009.

Brohl, K., and J. Case-Potter. *When your child has been molested: A parents’ guide to healing and recovery*. San Francisco, CA: Josey-Bass, 2004.

Davis, Laura. *Allies in Healing: When the Person You Love Was Sexually Abused As a Child, A Support Book*.

Davis, Laura. *The Courage to Heal Workbook: For Women and Men Survivors of Child Sexual Abuse.*

Feuereisen, P., and C. Pincus. *Invisible girls: The truth about sexual abuse – A book for teen girls, young women, and everyone who cares about them*. Berkeley, CA: Seal Press, 2005.

Gartner, R., and W. Pollack*. Beyond betrayal: Taking charge of your life after boyhood sexual abuse*. Hoboken, NJ: John Wiley & Sons Inc., 2005.

Gil, E. *Outgrowing the pain: A book for and about adults abused as children*. New York: Dell Publishing, 1983.

Hagans, Kathryn. *When Your Child Has Been Molested: A Parent's Guide to Healing and Recovery*.

Lew, Mike & Bass, Ellen*. Victims No Longer: Men Recovering from Incest and Other Sexual Child Abuse.*

Pithers, William, et al.*From Trauma to Understanding: A Guide for Parents of Children with Sexual Behavior Problems*, The Safer Society Program & Press. 1993

Spencer, Steven & White, Laurie.*Take Care With Yourself, A Young Persons Guide to Understanding, Preventing and Healing from Abuse****.*** 1998

Van Derbur, M. *Miss America by day: Lessons learned from ultimate betrayals and unconditional love*. Colorado: Oak Hill Ridge Press, 2004.

Wiehe, V. *The brother/sister hurt: Recognizing the effects of sibling abuse*. Brandon, VT: The Safer Society Press, 1996.

**Sexuality Education Books: Young Children**

Bassett, Kerry.*My Very Own Special Body* Book.

Brooks, R. and S. Perl. *So that’s how I was born*. New York: Simon & Schuster Books for Young Readers, 1983.

Brown, Laura Kransy, and Marc Brown*. What’s the big secret? Talking about sex with girls and boys*. Boston: Little, Brown Young Readers, 2000.

Cavanagh, T. *Understanding children’s sexual behaviors: What’s natural and healthy*. Oakland, CA: New Harbinger Publications, 1999.

Eyre, L., and R.Eyre. *How to talk to your child about sex: It’s best to start early, but it’s never too late – A step-by-step guide for parents*. New York: Golden Guides from St. Martin’s Press, 1999.

Holsten, Jon. *The Swimsuit Lesson*. Fort Collins, CO: Holsten Books, 2011.

King, Zack & Kimberly. *I Said NO!*. Weaverville, CA: Boulden Publishing, 2010.

Mayle, P. *Where did I come from*? New York: Lyle Stuart Books, 2000.

Miller, Patricia Martens. *Sex Is Not A Four-Letter Word!: Talking Sex With Your Children Made Easier*. New York: NY, Crossroad Publishing, 1994.

Richardson, J., and A. Schuster. *Everything you never wanted your kids to know about sex, but were afraid they’d ask: The secrets to surviving your child’s sexual development from birth to the teens*. New York: Crown Publishers, a division of Random House Inc., 2003.

Ryan, Gail & Blum, Joanne. *Childhood Sexuality – A Guide for Parents,* Kempe Children’s Center.

Starishevsky, Jill. *My Body Belongs to Me*. NY, NY: Safety Star Media, 2007.

**Sexuality Education Books: Preteens**

Cole, J. *Asking about sex and growing up: A question and answer book for boys and girls*. New York: HarperCollins, 1988.

Gitchel, S., and L. Foster. *Lets talk about S-E-X*. Minnetonka, MN: Book Peddlers, 2005.

Madaras, L. *The “what’s happening to my body?” book for boys*. New York: Newmarket, 2007

Madaras, L. *The “what’s happening to my body?” book for girls*. New York: Newmarket, 2007.

Mayle, P. *What’s happening to me. Answers to the world’s most embarrassing questions*. Secaucus, NJ: L. Stuart, 1975.

**Sexuality Education Books: Parents and Teens**

Bell Alexander, R., and L. Zeigler-Wildflower. *Talking with your teenager. A book for parents*. New York: Random House Press, 1983.

Calderone, M., and E. Johnson. *Family book about sexuality*. New York: Harper and Row, 1981.

Howard, M. *How to help your teenager postpone sexual involvement*. New York: Continuum Publishing Company, 1988.

Roddman, Deborah M. *Sex & Sensibility: The Thinking Parent’s Guide to Talking Sense about Sex*.

Sutton, R. *Hearing us out: Voices from the gay and lesbian community*. Toronto: Little Brown and Company, 1997

The Medical Institute for Sexual Health; Cox, Melissa R., editor. *Questions Kids Ask About Sex: honest answers for every age*. Grand Rapids, MI: Revell, 2005.